

INDIGO STRETCH+ REVIEW

A DAY IN HONG KONG

BUSINESS TRAVELLER

December 2025
£4.99

IDEAS THAT MOVE YOU



POWDER
MOVE



**DITCH THE BOARDROOM
FOR THE BLACK RUN**

**WHAT'S IN MY BAG?
FIND OUT WHAT OUR
EDITORS ARE PACKING**

**ABANDONED AIRPORTS
WHAT HAPPENS WHEN
MEGAPROJECTS GO BUST**



hits, reducing energy use while keeping things cool.

Facilities

The buzzing lobby Gastro Bar serves up Italian-inspired dishes with a bold, creative twist, all made from local, sustainable produce.

My flavour-packed dinner kicked off with warm, home-baked rosemary focaccia, a starter of *faglioni grigliati* (grilled beans and mangetout with stracciatella, Marcona almonds, olives, and lemon), followed by pan-fried redfish with Champagne beurre blanc, and the perfect finale of rum-soaked polenta cake with limoncello, pistachio and amaretto ice cream. Breakfast spreads are generous (don't miss the mini cinnamon buns) and book ahead for the weekend brunch, which is a hit with locals.

When it comes time to wind down, head to the spa or stay active at the gym with PT sessions via Vigour Fitness. A chic 'chambre séparée' sets the scene for private meetings and dinners, while a relaxed lobby doubles as a popular co-working space.

Villa Dahlia, Stockholm

A homely and stylish stay overlooking Tegnérunden park

What's it like?

Villa Dahlia opened in late 2024, marking the third boutique hotel from the Malmström family – joining the Hotel Diplomat and stylish Villa Dagmar in the city.

Named after a dahlia-adorned garden at the family's home in southern Sweden, the hotel showcases an impressive art and furniture collection while combining Art Deco flair – bold dahlia reds, chequered floors, Italian murals – with Swedish tapestries and cosy corners. Think Milanese townhouses of the 1920s and 1930s with a splash of Stockholm warmth.

The hotel also belongs to Preferred Hotels & Resorts' eco-friendly Beyond Green portfolio, and is set in a 1960s BREEAM-certified building that stands out among its grand 19th-century neighbours. Tourists rarely stumble across this spot, and guests can enjoy the quiet, residential vibe while being steps from restaurants, bars and culture.

GOOD TO KNOW

Guests receive 90 minutes of free access to Villa Dahlia Spa & Spirit, which features an infrared sauna, cold bath and hamman.

Rooms

Our Superior Park View Room felt like a private retreat, overlooking the treetops of Tegnérunden – one of Stockholm's most charming parks. Expect calming neutral tones, soft lighting and bathrooms in sleek Swedish stoneware. Luxuries include plush robes, slippers, a generous minibar, a great Dyson-style hairdryer, speedy wifi and a giant safe. Sustainability features shine too: automated blinds lower when sunlight



VERDICT

Villa Dahlia feels like the kind of place locals might want to keep to themselves – a stylish hideaway blending Milanese design with Swedish soul.

BEST FOR

Leafy escapes or business trips with a cosy feel.

DON'T MISS

Sunset cocktails at the rooftop bar, where views stretch from Katarina church to Lake Mälaren.

PRICE

Rates start from £165 per night

CONTACT

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IMAGES COURTESY OF VILLA DAHLIA